

# User Guide



## Monitoring racism in Grassroots sport Training



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# User guide for *Monitoring Racism in Grassroots Sport*

Monitoring racism in Grassroots sport is the **online training** created within the framework of the EU Erasmus + project [Monitora-Monitoring racism in sport](#).

## Target of the course:

The online training is aimed mainly at **grassroots sport operators, club managers and educators**, however **antiracist and CSOs' activists** and **whoever is interested** in the topic can take the course.

## Objective of the course:

The training aims to provide a **practical learning experience** that will support local grassroots sports club managers, operators and educators in monitoring and reporting racism and discrimination incidents in their local context.

## What you will learn:

By the end of the Monitora training tool, you will have:

- ✓ An increased awareness of the need to monitor racism and discrimination in grassroots sport (AWARENESS)
- ✓ Tools to monitor and report incidents (ACTION TAKING)
- ✓ Motivation to network and collaborate on the issue (COLLABORATING)

## Length of the training:

The Monitora training tool will not take you more than 90 minutes (including reading, watching and exercising) and 180 in total (including extra watching and reading).

## Structure of the course:

The course is structured in 5 steps, as you may see in the picture below, containing:

1. a theoretical part on the different forms of discrimination and racism in sport and
2. the importance of addressing them;
3. a part of case studies' analysis from the different partners' countries to show real-life experiences of facing racist incidents in sport;
4. an action-oriented part through some tried and tested practices with the possibility of developing your own monitoring protocol for racism in your local sports context and downloading it.
5. An evaluation and feedback section on the training with a brief questionnaire

Here is an overview of the roadmap structure of the course



## Languages of the training:

You can take the course in 5 languages: English, Finnish, Hungarian, Italian and French. You can choose which language you prefer at the top of the homepage by clicking on the relative flag, as shown below:

## MONITORING RACISM IN GRASSROOTS SPORT



## Access to the course:

The training is free to access, you don't need an account, you just choose your language and start by clicking on the first stop of the roadmap and going on from there.

You can access the course anytime and don't need to finish it all at once, you can take your time with it and build your own monitoring system for racism in sport!

For questions and doubts, you can contact us at [antirazzismo@lunaria.org](mailto:antirazzismo@lunaria.org)

Here is the [link to the online training](https://emonitora.cronachediordinariorazzismo.org/), it's time to start your learning experience!

<https://emonitora.cronachediordinariorazzismo.org/>



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